

The TRAIN Sound



Features and Cues

- ✓ Raise the tongue tip to the bump behind the top teeth and push to build up air. Bring the teeth together and push the lips outwards into a circle. Release the air straight out the front of the mouth.
- ✓ Voice is turned OFF for CH.

Need More Help?

- ☞ Use your fingers to push the cheeks inwards and pull the lips forward.
- ☞ Avoid “slushy” sounds by shaping CH from /t/.
- ☞ Try phrases with /t/ + Y (e.g. bet you = betchu).

Common Errors

- ✗ /ts/, /t/ or SH
- ✗ interdental error or lateral distortion

Classroom Strategies

1. Model correct speech in response to some of the student’s errors. Use emphasis and point to your mouth to highlight the corrected sound (“Push in your chair.”).
2. Point out the different sounds in print (e.g. “Look, ‘bench’ has your practice sound.”).
3. Create a small list of functional, key words for you and your student to practice together in their classroom routines. Write the words on a cue card or sticky note as a reminder.
 - a. Can you think of any words that you use in your daily lessons that contain CH?
 - b. Does the student have a classmate whose name contains CH?
 - c. Are there any weekly vocabulary or spelling words that contain CH?
4. Offer choices for correct responding to discussion questions (e.g. “Is pizza made with ‘tease’ or ‘chease?’”). Place emphasis on the correct sound.
5. Remember to acknowledge the student’s attempts to communicate. Show interest in what they are saying and give them extra time to respond, as needed.